



The pressure and stress of our daily life throw our mind and body off balanced. High blood pressure, increase heart palpitations and weakened immune system are often the price that we pay for our everyday lifestyle. With such disruption in our bodily systems, both our physical and mental health is affected; depression, boredom, low self-esteem and unhappiness. Kalapa spa is a haven of tranquility and pampering. Thai oriental spa hospitality is encapsulated in the quality and personalized experiences of spa treatments and rituals designed to stimulate, soothe and rejuvenate the senses.

With soft flickering candles, oil lanterns and Thai Lanna teas and authentic delicacies, Kalapa spa signature treatments can be enjoyed within its own reminiscence of Thai Lanna setting. The body and the mind are two sides of the same coin; both must be nurtured and neither one neglected. At KALAPA, emphasis is immensely placed on the necessity to keep a balanced state of body and mind. We believe that a balanced mind in a balanced body---and a balanced body nurtures a balanced mind. As a result, good health, happiness, youth and longevity all contribute to the energy that enables us to cope up with such daily stresses ETERNALLY...

This is what Kalapa stand for ETERNAL and we would like to share this with everyone.



KALAPA ELEMENT PACKAGE

THE ELEMENT OF WATER

150min/ 3,390 THB

Water Element Aroma Body Scrub / Water Element Aroma Body Mask / Special Water Element Aromatherapy oil Massage

Water, is a great necessity, without it nothing can live. It is represented by all that is liquid within our bodies. Water is a cleansing, healing, psychic, and loving element. It is the feeling of friendship and love that pours over us when we are with our family, friends and loves ones, a true supplement of life.

THE ELEMENT OF WIND

150 min/ 3,390 THB

Wind Element Aroma Body Scrub / Wind Element Aroma Body Mask / Special Water Element Aromatherapy oil Massage

Air is the power of the mind, the force of intellect, inspiration, imagination. It is ideas, knowledge, dreams and wishes. Air is the element of new life and new possibilities and is essential to spells and rituals of travel, instruction, finding lost items, some types of divination, and freedom. To connect with the power of this element, find a place with clean air and breathe deeply, touch a feather or inhale the fragrance of a heavily scented flower

THE ELEMENT OF EARTH

150 min / 3,390 THB

Earth Element Aroma Body Scrub / Earth Element Aroma Body Mask / Special Earth Element Aromatherapy oil Massage

Earth is the element of stability, foundations and of the body. The Earth is the realm of wisdom, knowledge, strength, growth and prosperity. It is also the physical Earth on which we live and the very heart of life. It is essential in spells and rituals of prosperity, business, fertility and stability.

THE ELEMENT OF FIRE

150 min/ 3,390 THB

Fire Element AromaBody Scrub / Fire Element Aroma Body Mask / Special Fire Element Aromatherapy oil Massage

Fire has aspects of change/transformation, passion, creativity, motivation, will power, drive and sensuality. It is sexuality, both physically and spiritually. Fire is the element of authority and leadership. The element of Fire is a deep, active element and is contrary to water. It is associated with the qualities of healing and recovery from illness and/or disease.



Massage

Kalapa Signature Massage (Signature Aromatherapy Oil)90 min / 1,890 THB

The combination of Aromatherapy oil massage & Deep tissue massage technique using Kalapa's signature aroma oil blends, guaranteeing a pampering fashioned for renewal.

Kalapa Signature Thai Massage

60min / 1,090 THB

90 min / 1,390 THB

120 min / 1,890 THB

Thai Massage has popularly made its way into traditional healing practice of the Orient. With firm pressure application and no oil, assisted stretching and manipulation releases energy blockages to allow improvement in circulation, leaving you feeling overwhelmingly limber and completely relaxed

Jet Lag Aroma Massage

120 min / 2,690 THB

After Natural Body Detoxify Bath, let your body and mind total relax with special massage, combining the healing power of touch with Kalapa's unique techniques, this deeply relaxing massage uses smooth stroking movements with light to medium pressures to encourage an increase in lymphatic circulation and balance the energy meridians in the body.

Thai Massage &Herbal Compress

90 min / 1,590 THB

Tension-relief technique, allow yourself to slip into oblivion while your muscle stress melts open your energy pathways and relieve tired muscles.

Deep Tissue Oil Massage

60 min / 1,390 THB

90 min / 1,890 THB

120 min / 2,390 THB

Deep tissue oil massage is a kind of massage with special oil centers on realigning thicker levels of muscles and connective tissue. Applying essential oil blended that release their aromatherapy properties deeply to muscle and tendon, gently relieves muscle stress and pain through acupressure, slow kneading and circular hand movements on concentrated areas where the tension is. This treatment is useful to those who have muscle tensions, back and shoulders tightness or stiff necks



Deep Tissue Oil Massage & Herbal Compress

90 min / 1,890 THB

Herbal compresses are frequently use in conjunction with traditional Thai massage, hot compress increase blood circulation and energy flow while relaxing muscles and improve joint flexibility.

After getting deep tissue oil massage techniques,let relief your tensions and pain with the properties of Thai herb in the compress ball, leaving the body totally relaxed.

Aromatherapy Oil Massage

60 min / 1,390 THB

(Relaxing, Refreshing, Energizing)

90 min / 1,690 THB

120 min / 2,290 THB

A body massage using special essential oils blended to the individual need that brings balance and harmony to the body, mind and spirit, with the powerful therapeutic properties and the massage technique, aromatherapy massage will improve blood circulation, relieves mental and physical fatigue, encourage lymphatic drainage and offers a unique experience of relaxation. On the other hand, the very special base oil blended also contains rich emollients that leave the skin soft and rejuvenated.

Back, Head and Shoulder Massage

60 min / 1,190 THB

Concentrate on Back Head and Shoulder exotic unique and the ultimate combination of pressure point, stretching and bending techniques to reduce stress and relieve muscle soreness, release blocked energy whilst harmonizing and invigorating the mind and body.

Foot Reflexology Massage

60 min / 900 THB

A Specialized foot massage to relieve stress and improve blood circulation. Each of the body's energy meridians is identified in the pressure points of the feet. The Massage releases pain and block energy, leaving you feeling totally relaxed.



Body Treatment

Detoxifying Body Scrub (Coffee Scrub)

60min / 1,290 THB

Uncover your hidden radiance. Eliminatedull and dead skin cellswith special recipe coffee scrub,your body feels thoroughly smooth before being enveloped in a nourishing mineral rich detoxifying body wrap, preparing skin for maximum moisture absorption

Detoxifying BodyWrap(Mineral Mud Mask)

60 min / 1,290 THB

Using mineral mud body wrap, a layer of soothing mud is applied to the skin to detoxify, cleanse and firm. The mud is thought to ease water retention and cleanse the pores by drawing out impurities. A mud wrap might help with arthritis, rheumatism and minor skin irritations.

Refining Body Treatment (Jasmine Scrub)

60 min / 1,290 THB

This kind of treatment is gentle essence body scrub to exfoliate and cleanse the whole body, nourishes the skin, leaving your skin smooth and radiant result.

Steam & Bath

Thai Herbal Steam

30min / 650 THB

Jacuzzi Milky Bath

30min / 750 THB

A beautifully romantic, exotic and luxurious Jacuzzi immersion, simply relax and soak up the extreme pleasure of a warm fragrancefilled and sensually intoxicating, mineral and milky bath.

Natural Body Detoxify Bath

30min / 850 THB

A detoxify bath is a way to help cleanse the body, relax the mind, and get relief from stress. This bath opens skin pores and eliminates toxins. It is also an efficient way to restore acid-alkaline balance.



KALAPA ANTI CELLULITE PROGRAM

Anti-Cellulite Massage Treatment is a specialized advanced massage designed to assist in cellulite reduction, together with deep tissues massage techniques to loosen the fatty tissue under the skin and smooth out the surface of the skin, Together with aromatherapy, the treatment includes lymphatic circulation and drainages technique to help drain out fat and get rid of toxin.

Kalapa Contouring Body Treatment	60 min / 1,890 THB 90 min / 2,490 THB
Kalapa firm and smooth arms	45 min / 1,290 THB
Kalapa Belly smooth and trim	45 min / 1,290 THB
Kalapa Bust lift up	30 min / 900 THB

KALAPA FACIAL TREATMENTS

Full facial treatment scrub, massage and mask with using Thai herbs

Refreshing Facial Treatment (All skin types) 60min / 1,190 THB
Scrub to remove dead skin cell with Tanaka & yoghurt, then massage with coconut oil and finally masks with algae, leave you face fresh and smooth.

Nourishing Facial Treatment (Dry skin) 60min / 1,190 THB

To help ease dry skin, you'll want to gently exfoliate while also moisturizing. Try Kalapa's nourishing scrub recipe, sesame and soybean mix up with honey and virgin coconut oil.

Purifying Facial Treatment (Combination-Oily skin) 60min / 1,190 THB

Oats helps in the reduction of extra oil from the skin there by the skin becomes clean and oil free. Try the special Kalapa's recipe oat facial scrub and natural facial mask, leaving your face radiance and glow.

Anti- Aging Facial 60 min / 1,900 THB
(Mature skin)



Kalapa



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